



LAKSHYA INTERNATIONAL SCHOOL

Monthly Planner (Academic Session 2019-20)

Month: August, 2019

Class: VIII

Theme of the month:

We care... for our Nation

Value of the Month:

Leadership

Subjects	WEEK 1	WEEK 2	WEEK 3	WEEK 4
ENGLISH	Honey dew -Bepin Choudhury's lapse of Memory Grammar -Adverbs	Honey dew -The last bargain Grammar : Prepositions, Conjunctions	Supp Reader -The Treasure Within Grammar : Tenses	Grammar : Active and passive voice Writing -Notice Making, Story writing
MATHS	CH:6 Squares and Square Roots EX:6.1,6.2,6.3	Exercise: 6.4	CH:7 Cubes and Cuberoots EX:7.1,7.2	Revision for Mid Exam
SCIENCE	Physics : Le: 13 - Sound - Sound produced by vibrating objects, Sound produced by humans Chemistry : Le: 6 - Combustion and Flame - Combustion, Conditions necessary for combustion Biology : Conservation of plants and animals	Physics : Le: 13 - Sound- Sound requires medium, Characteristics of sound. Chemistry : Le:6 - Combustion and Flame - Types of combustion, How do we control fire Biology : Endemic, Endangered, Extinct species	Physics : Le: Musical Instruments, Structure of Ear Chemistry : Le :6 - Combustion and flame - Fuels and structure of flame Biology : Sanctuaries, National Parks, etc...	Revision for Mid Exam
SOCIAL SCIENCE	History: Lesson .4 Tribals Dikus and the Vision of a Golden Age. History: Lesson 5. When people	Civics: Lesson 5. Judiciary	History : Lesson 6 Colonialism and the city: The story o Imperial Capital	Mid Term Revision
II LAN TELUGU	L-8 Gulabi Attharu:	L-9 Harischandrudu:	L-10 Prakruthi vodiloe	Grammar
II LAN HINDI	I.6.Bhagavan ki dakiye	Kyom nirash hua jaye?	nondetail.Yugom ka dowrPg (31-45)	Teaxtual grammar
III LAN TELUGU	L-10 Nagarjuna Sagar:	L-11 Teerpu:	L-12 Sriramanavami	Revision
III LAN HINDI	I.6chatur lomadi	L.6.Chatur lomadi	L.7.Dishaayem	L.7.Dishayem
ICT	Robotics,VR&AR Microsoft Access-2010 Introduction	DBMS & Functions Starting MS Access	Creating a Database Entering Data	Setting Primary key

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Music - Vocal	Raag bhupali swarmalika	Raag bhupali chota khyal	Taal Jhap Taal	Raag Kaafy-Raag vivaran
Music - Instrument	Uto jawan desh ki Patriotic song practice for independence day along with octapad and keyboard	Uto jawan desh ki Patriotic song practice for independence day along with octapad and keyboard	Uto jawan desh ki Patriotic song practice for independence day along with octapad and keyboard	Krishna bhajan practice for janmashtami celerations
G.K.	Lesson18. UNESCO Intangible Cultural Heritage. Lesson. 19 Indian Seashore.	Lesson. 20 Animal Defence Mechanisms. # Indian Trotting	#Monarchies of the world. # Knowledge Detectives III- Join the Dots.	Mid Term Revision
Reasoning	which one is different	which one is different	Analogy	Analogy
DANCE	Tribal Dance of India and Cuba Dance How the cuba people make sounds with foot sound with rhythmically. Cumbia dance form Warm up and different pattern body movements top rock and down rock and different level freezes	Tribal Dance of India and Cuba Dance How the cuba people make sounds with foot sound with rhythmically. Cumbia dance form Warm up and different pattern body movements top rock and down rock and different level freezes	Walk on music observation of beat and body rhythm and Performing variety dance steps on simple dance steps	Walk on music observation of beat and body rhythm and Performing variety dance steps on simple dance steps demonstrate dance steps, techniques, and turns of various folk and social dances
ARTS/ CRAFTS	Animals,Birds,Fish,Reptiles	Art integration on Physics Stars and Solar system	Insects, pencil and pen texture study, brush strokes study, graph	Conservation Of Plants And Animals
KARATE	Gymnastics	Nunchaku	Boxing(wushu sanda)	Jump kicks & Self defence part 1

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SEP	<p>BODY COMPOSITION: Sustain continuous movement for increasing period of time while performing moderate physical activities. Activity: - Suitable warm –up - Duck walk - Tuck jumps 10 without stopping in between. - Solider walking with elbows by rolling on the ball. TEAM GAME: Boys: Kabaddi : basic rules& Regulations, Rider techniques Defender Techniques. How to attempt bonus point. Girls: Kho-Kho: Basic Rules& Regulations, Runner & chaser character explanation. How to start up when given kho.</p>	<p>UPPER BODY STRENGTH: - High 5's with push –ups - Cubed: partner push – up pass - Take the beans - Race to end - Push – up hockey. TEAM GAME: Boys: Kabaddi : basic rules& Regulations, Rider techniques Defender Techniques. How to attempt ankle hold & double leg hold. Girls: Kho-Kho: Basic Rules& Regulations, Runner & chaser character explanation. Importance of line kho, for riders How to back check while running as a runner.</p>	<p>GYMNASTICS: 1) Forward roll 2) back ward roll 3) Cart wheel 4) Pin jump 5) Star jump 6) Tuck Jump. TEAM GAME: Boys: Kho-Kho: Basic Rules& Regulations, Runner & chaser character explanation. How to start up when given kho. Girls: Kabaddi : basic rules& Regulations, Rider techniques Defender Techniques. How to attempt bonus point.</p>	<p>FITNESS CONCEPTS: Activity : How to burn belly fat & hip fat. - Stomach crunches - Push –up - Run in same place - Squat - Jump& jacks - Hip trust - Knee in plank Note: each one 30 sec, 2 sets workout. TEAM GAME: Boys: Kho-Kho: Basic Rules& Regulations, Runner & chaser character explanation. Importance of line kho, for riders How to back check while running as a runner. Girls: Kabaddi : basic rules& Regulations, Rider techniques Defender Techniques. How to attempt ankle hold & double leg hold.</p>
VEP / LSP	Leadership skills	Leadership skills	Leadership skills	Leadership skills

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SWIMMING	<p>Learners: Will learn, how to breath and bubble in water, continue with the freestyle kicking. Gliding or kicking with the support of wall.</p> <p>Intermediate: Backstroke kicking drills</p> <p>Advanced: Freestyle repetition of laps, back stroke corrections.</p>	<p>Learners: 25 mtr distance freestyle kicking</p> <p>Intermediate: side breathing and hand movement.</p> <p>Advanced: breast stroke kicking</p>	<p>Learners: 25 mtr *8 laps with out stopping.</p> <p>Intermediate: basckstroke kicking drills</p> <p>Advanced: Three strokes kicking drills.</p>	<p>Assessment on thought topics.</p> <p>Finding the fishes inside the water.</p>
<p><u>PARENT INVOLVEMENT ACTIVITY</u></p> <p>Patriotism is the love and respect towards one’s motherland. Instilling this feeling in children will make them responsible citizens of tomorrow. This month Talk to your child about how ancient our country is. Take them to museums that showcase archaeological artefacts that exemplify the rich heritage of our country. Tell them the stories of freedom fighters such as Mahatma Gandhi, Pandit Nehru, Sardar Patel, Shaheed Bhagat Singh, Netaji Subhas Chandra Bose, Rani Lakshmi Bai and others. Take them to the parades and flag hoisting ceremonies in the area you reside, for fancy dress events in school, dress them up as any of the great leaders and teach them the phrases uttered by them. Children learn through experience. It is a great idea to take your child to various monuments of historic importance during vacations. Visit monuments like Amar Jawan Memorial, Wagah border, Jallianwala Bagh, Sabarmati Ashram and Netaji Bhawan. To teach patriotism to your child, you must be patriotic as well. Children get inspired if they see you being patriotic.</p>				
<p><u>CREATIVE CLASSROOM DECOR</u></p> <p>Class Room will be decorated as per the Monthly Theme.</p>				
<p>Class Teacher's Helpline: Name: B. Appala Naidu</p>			<p>Mobile Number: 9948012200</p>	
<p>For any suggestions & feedback please mail us at principal@lakshyaschool.in</p>				

Signature of Principal